

The Price
Center



Agency News & Updates

January 14, 2024

Date Change: Potluck Party



Join The Price Center and your fellow families on **Thursday, February 13th** for our annual Potluck Party! Share delicious meals, play some fun games, and get to know your community!

Please **click below to RSVP**, or to submit your ingredient list to Olivia Storey, Communications Coordinator.

We look forward to seeing all our wonderful families!

[RSVP Here](#)

[Email Your
Ingredients](#)



Boston Marathon: Welcome Olivia Carrick!



Drumroll please!

The Price Center is excited to announce **Olivia Carrick, M.D.**, as our **2025 Boston Marathon runner!** Olivia works at Boston Children's Hospital, and is passionate about The Price Center and our mission.

We could not be more excited to welcome her to our community and to watch her crush the Marathon! Please stay tuned for more exciting announcements coming soon!



JANUARY IS Mental Wellness Month

Mental wellness refers to how you invest in your mental health. It is all the actions you take to ensure your mental health needs are being met and maintained. It does not mean you eliminate a mental health disorder; you do what it takes to control it. Mental wellness can include the following:

- Setting mental health goals and the steps to help you achieve them
- Volunteer or give back to the community
- Meet with a mental health therapist to learn more about yourself
- Attend a peer support group
- Practice self-care, such as mindfulness, stress management, quality sleep
- Engaging in healthy relationships at work, home, school, and socially
- Avoiding mental exhaustion



The Price Center celebrates

Braille Literacy Month

January 2025



January Milestones

25 Years of Service
Ray Matthews

15 Years of Service
John Odugbesan

5 Years of Service
Andrew Rosenblum (7)
Bella Shapiro
Marybeth Labb



Discover The Price Center: Join One of Our Monthly Tours!

The Price Center is excited to announce monthly tours of our organization, offering an in-depth look at our programs and the incredible impact they have on our community.

Our next tour will take place on February 11th, 2025.

The tours will be held at 10:00 a.m on the second Tuesday of each month.

What to Expect:

- **Meet Our Team:** Meet our dedicated staff and learn about our mission to empower individuals with intellectual and developmental disabilities.
- **Explore Our Programs:** Discover our community day programs, employment services, day habilitation, and community living support.
- **Hear Inspiring Stories:** Hear firsthand stories from the individuals we serve and see the difference your

support makes.

RSVP Today:

Whether you are a long-time supporter or new to The Price Center, we invite you to join us!

To schedule a tour, please fill out the form below:

<https://form.jotform.com/242062993727060>

Don't miss out on this opportunity to learn more about The Price Center and the incredible work we do.

Tours are limited to 10 people, so sign up today!

We look forward to welcoming you!

Happening in the Community

Elephant and Piggy's "We Are In a Play!"

Saturday, January 25th

11:00 a.m.

240 Central St.

Lowell, MA

JOIN US AT MRT'S **SENSORY-FRIENDLY PERFORMANCE OF**

ELEPHANT AND PIGGIE'S "WE ARE IN A PLAY!"

BOOK AND LYRICS BY **MO WILLEMS**

MUSIC BY **DEB WICKS LA PUMA**

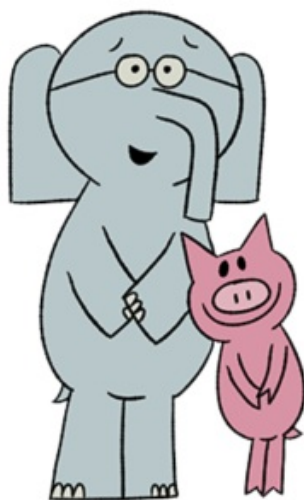
Do you want to share the magic of theatre with your loved one, but are unsure how the experience will be for them? Would you benefit from a more relaxed theatre environment?

Our sensory-friendly performance promotes **an accepting and inclusive environment** with trained staff members to welcome all audiences to our theatre.

During this performance, audience members will be able to make noise and move about the seats, leave and re-enter when needed, and go to designated spaces outside the theatre if they need a break from the show (including our Quiet Room: a dedicated space with activities and materials to help decompress). Audiences may also bring any tactile items or fidget materials (e.g. fidget spinners, tablets) and use them in the space during the performance.

Most importantly, it is a **judgment-free space** where all audiences can enjoy the show in whatever way makes sense to them.

JAN 25, 2025 | 11 AM



LOCATION

THE RICHARD & NANCY DONAHUE
FAMILY ACADEMIC ARTS CENTER AT
MIDDLESEX COMMUNITY COLLEGE
240 CENTRAL STREET, LOWELL MA

TICKETS ARE PAY-WHAT-YOU-WISH, NO MINIMUM

CONTACT THE MRT BOX OFFICE
BOX_OFFICE@MRT.ORG
978-654-4678

FOR MORE INFORMATION ON THE SHOW AND
SENSORY-FRIENDLY PERFORMANCES AT MRT,
VISIT [MRT.ORG/SHOW/ELEPHANTPIGGIE](https://www.mrt.org/show/elephantpiggie)



PRESENTED IN PARTNERSHIP WITH



Have an upcoming event you think our staff, community or individuals could benefit from?

We want to hear about it! Please send the details to: communications@thepricecenter.org



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